



ADULT ART GROUPS



**WOULD YOU LIKE TO MEET LIKE-MINDED PEOPLE?
TRY OUT NEW ART TECHNIQUES?
EXPLORE ISSUES THAT ARE IMPORTANT TO YOU?**

WHEN IS IT?

Adult Art & Social Group - Monday afternoons from 2.30 – 4pm
Adult Art Studio - Tuesday afternoons from 3 – 4.30pm

WHERE IS IT?

858 Finchley Road
NW11 6AB

WHAT HAPPENS THERE?

We offer two art studio groups for adults on the autistic spectrum, where individuals can make art, express themselves and meet new people. We emphasis the social aspect of the groups as well as the art making. The time is unstructured but facilitated by an experienced Art Therapist.

The art groups are totally non-directive artistically, which means that members are free to follow whatever line of creative expression they would like. Members of the groups work with paint, pencils, pastels, collage materials and clay.

‘Thanks for this group, I really enjoy coming here and being able to do my art’

Studio group member

‘It’s a place where we can be our autistic mad dude selves and it’s ok’

Studio group member

TELL ME MORE...

Further information on this service, including any charges that may apply are available on request.

If you are interested in joining the group or know someone who might be, please contact Resources for Autism on **020 8458 3259** and ask to speak to Ginny. Referral forms and further information about our work are available on our website **www.resourcesforautism.org.uk**