



# RfA Tuesday Adults Group

## Key Information

**For:** Autistic adults with higher support needs aged 18 years plus

**Where:** Community Space, Edgware

**Day:** Tuesdays

**Time:** 5.30 to 7.30pm

**Group Specifics:** cooking, art, sensory activities, games, community access

**Cost:** £30 per session

This social group is for autistic adults with higher support needs who require one to one staff support during sessions. Participants take part in a range of group activities that they can enjoy together, whilst building social connections at their own pace.

Our autism specialists create a safe and inclusive environment to encourage choice and independence in a welcoming environment.

For more information or if interested in joining contact:

[amy@resourcesforautism.org.uk](mailto:amy@resourcesforautism.org.uk)

*"From the first session at RfA I was amazed [they] knew exactly how to work with me without any issues. This made me realise it wasn't me that was too much for staff, it just depended on the staff having the right training!" "The feeling of "being accepted" is priceless."*