

Resources for Autism

West Midlands Cuppa & Chat

**Monthly online
Support Group**



Our monthly Cuppa & Chat is a relaxed online meet for parents & carers to share experiences, let off steam, offer support and advice to each other

**Usually second Wednesday of the month
@10:30am-12:00pm (upcoming dates)**

- **8th January 2025**
- **12th February 2025**
- **12th March 2025**

**To book on
please register by
[CLICKING HERE](#) or
scanning the
[QR Code](#) above**

**for further information please email
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www.resourcesforautism.org.uk

Charity number 1061253

