

NEWSLETTER

JUNE 2025



Welcome

Hello from everyone at the Barnet Children & Families Autism Hub,

May was a busy month for us, we had opened our doors to children and families across the borough and it has been fantastic to see so many people using our service. We hope to meet many more of you in the coming months!

June brings lots more events and activities for families, so keep reading to find out more about how to access the hub, what's on offer this month, and how to be involved.

Sincerely,
Beth Adams, Barnet C+F Autism Hub Manager

Celebrating Autism and LGBTQIA+ Identities

Autism and LGBTQIA+ identities are sources of pride. At our hub, we strive to foster a safe and welcoming environment for everyone.

Research indicates that autistic individuals may have a higher likelihood of identifying as LGBTQIA+. While the reasons behind this connection are still unclear, we want to recognize the importance of LGBTQIA+ individuals within the autism community. This Pride Month, and beyond, we aim to continue celebrating the diversity that enriches our community.

We invite you to explore more about the relationship between neurodiversity and LGBTQIA+ identities. You can read The Brain Charity's article on this topic by [clicking here](#).



What's On

We have a range of exciting workshops, activities and group for children and families. Keep reading to find out what's on in June.

STAY & PLAY FOR 0-8 YEARS

Join our team and engage in activities, ask questions, and play. Stay & Play is an opportunities for parents and carers to gain support and have fun.

When: Fridays 13:00-14:00

Where: 858 Finchley Road, NW11 6AB

Please note that the time for Stay & Play has moved, it now begins at **1pm**

CREATIVES CLUB FOR 8-12 YEARS

Unleash your creativity in this fun new group! Children will have the opportunity to meet peers, explore their creativity, and have fun with a variety of art based activities.

When: Wednesdays 16:00-17:00

Where: 858 Finchley Road, NW11 6AB

OUTINGS GROUP FOR 13-18 YEARS

Engage in the community & meet peers in this exciting new social group! Sessions will take place in-house as well as out and about across Barnet.

When: Fridays 16:00-17:00

Where: 858 Finchley Road, NW11 6AB



AUTISM DROP INS

Meet our team for expert advice and support throughout the week.

Autism Drop In sessions are an opportunity for families to ask questions, seek advice, and learn.

See below for session days & times:

Wednesdays: 10am - 2pm (weekly)

Thursdays: 12pm - 2pm (weekly, virtual)

Book your slot now by following this link: [Autism Drop Ins Booking](#)

PARENTS COFFEE MORNINGS

Join our community of parents and carers to ask for and share advice. A unique opportunity to meet other families and share lived experiences and gain support from our team. You can join in on:

Tuesday 10th June: 11am - 12pm (in person)

Wednesday 25th June: 10:30am - 12:30pm (virtual)

AUTISM ADVICE SESSION

Advice and help around supporting your child, signposting to services that can support you, and more.

Monday 16th June, 11am - 2pm

BARNET CHILDREN & FAMILIES AUTISM HUB Q&A SESSION WITH BARNET PARENT CARER FORUM

Join the team from Barnet Children & Families Autism Hub to learn more about the services and support available to you and ask questions.

Wednesday 18th June
1pm - 2pm or 6pm - 7pm
Online

THERAPIES Q&A SESSION WITH BARNET CHILDRENS INTEGRATED THERAPIES TEAM

Talk to the team about their services and have the opportunity to raise any questions you may have around therapies in Barnet.

Thursday 19th June, 2pm - 5pm

Online - [click here to join the meeting](#)

Meeting ID: 367 062 154 739 1

Passcode: Re7Kj7z5

EARLY YEARS DROP INS

Join the team from Barnet Early Years service for pre-diagnostic advice and support on **Thursday 19th June, 2pm - 5pm**



SELF HARM, SUICIDAL IDEATION AND AUTISM - CAMHS WORKSHOP

Ask your questions and hear from professionals - Join the online session on **Friday 27th June, 10:30am - 11:30am**

Online - [click here to join the meeting](#)

What Happens When You Complete a Referral?

To start using services at the Barnet Children & Families Autism Hub, first fill out a referral form. You can do this by yourself or get help from a professional.

After you send in the form, the hub team will contact you, usually within three days, for an Initial Response and Signposting (IRAS) Call. During this call, a team member will ask about:

- Your child's needs and traits related to autism
- The kind of help you're looking for
- Any support you already have

These questions help us understand your situation so we can offer the right services. You can ask us any questions you might have, we'll do our best to answer them. After the call, we'll be able to signpost you to services inside or outside of the hub that would suit your family.

More Info: How to Sign Up for Activities & Events

- ▶ You can **visit our website** by clicking the link for more information on how to register for each activity and event: **[Barnet Children & Families Autism Hub Website](#)**
- ▶ Complete a referral by **[clicking here](#)**.
- ▶ Get in touch via email: **barnet@resourcesforautism.org.uk** or by phone: **020 8458 3259**



SEE YOU SOON

Caring for people, our places and the planet

resources for
autism


Whittington Health
NHS Trust


LONDON BOROUGH


BELS
Barnet Education
& Learning Service


Barnet Parent
Carer Forum


FAMILY
FRIENDLY
BARNET