

NEWSLETTER

AUGUST 2025



Welcome

Hello from the Barnet Children & Families Autism Hub!

We hope you are making the most of the summer holidays and enjoying the sunshine whenever it makes an appearance!

Last month, we hosted our Launch Event, and it was wonderful to see so many families and professionals celebrating alongside us. A heartfelt thank you to everyone who showed their support and engaged with us; we look forward to seeing you participate in our upcoming activities and events.

This month, we are excited to present our summer program, packed with enjoyable activities for children and families. Keep reading for further details -

Sincerely,
Beth Adams
Barnet Children & Families Autism Hub Manager



Summer Holidays



Join our team for a range of activities and groups through the summer.

Running from August 11th - August 29th

Sign up now by scanning the QR code

Or get in touch by emailing

barnet@resourcesforautism.org.uk

Outings Group

Join in a variety of fun, autism-friendly activities, connect with the community, and make new friends with peers.

For ages 8-12 years

Tuesdays 10am - 1pm

For ages 13-18 years

Fridays 3pm - 6pm



Chill & Chat

Meet with our expert team with your child or young person to take part in activities and receive support. Chill & Chat is an opportunity for young people with higher support needs to get involved.

For ages 8-18 years (with a parent or carer)

Wednesdays 1pm - 2pm





Family Movie Night

Join us in the hub's very own cinema room for a film - fun for the whole family! Our sensory room and quiet spaces will also be available to use.

For all ages (with a parent or carer)

Wednesday 13th August 4pm - 6pm

Stay & Play

Meet with our expert team with your child or young person to take part in activities and receive support. Stay & Play is an opportunity to ask questions, seek guidance, and build resilience.

For ages 0-8 years (with a parent or carer)

Fridays 1pm - 2pm



Autism Drop Ins

Ask your questions and seek support with a member of our team.

For family members and carers

Slots available throughout the week - scan the QR code to book your time



More Info: How to Sign Up for Activities & Events

- ▶ You can **visit our website** by clicking the link for more information: **[Barnet Children & Families Autism Hub Website](#)**
- ▶ Complete a referral by **[clicking here](#)**.
- ▶ Get in touch via email: **barnet@resourcesforautism.org.uk** or by phone: **020 8458 3259**



Caring for people, our places and the planet