

# ONLINE Workshops

for Birmingham  
Parents Carers



## Do you have a child under 18yrs on the **AUTISM ASSESSMENT WAITING LIST?**

Join one of our ONLINE workshops and turn the **'waiting time into a productive and positive time'**. This is an opportunity to **build skill, confidence, and connect with other Parent Carers who are on the same journey as you.**

The session will cover **What is Autism? (& what it isn't); Practical tips & strategies to support behaviour; Wellbeing for you and your family...** and much more!

### Upcoming session dates:

**3rd June 2026 @ 10:30 – 12:30**

**24th June 2026 @ 17:30 – 19:30**

**8th July 2026 @ 10:30 – 12:30**

*More dates to come!*

To register your interest for the **ONLINE OR In-Person Workshops** please scan the QR code or use the link here to register:

**<https://forms.office.com/e/XnVNkxUME>**

For more information on the **ONLINE Workshops** contact:

**[vesna@resourcesforautism.org.uk](mailto:vesna@resourcesforautism.org.uk)**

