



RfA Birmingham Au Struck Group

Key Information

For: Independent adults aged 18 up, for the younger adults we offer a Young AuStruck for 18-25yrs on a Monday

Where: BAYC, 581 Pershore Road, B29 7EL

Time: Tuesday 7-9pm

Group Specifics: cooking, crafts, discussions on autism/ identity, outings and more.

Cost: £15 (Subsidies available for those on low income)

Au Struck is a social group for autistic adults in Birmingham. Weekly activities are decided by the group and every other week the group choose a trip they want to go on such as restaurants, cinema and bowling.

All activities are co-produced with the adults that come to the Au Struck group but are facilitated by our autism specialists with the hope of building independence and social inclusion.

For more information or to join contact mmunn@resourcesforautism.org.uk

"From the first session at RfA I was amazed [they] knew exactly how to work with me without any issues. This made me realise it wasn't me that was too much for staff, it just depended on the staff having the right training!" "The feeling of "being accepted" is priceless."

resources for autism