



RfA Thursday Birmingham Adult Group

Key Information

For: Adults aged 18 and up

Where: James Brindley Academy, Dovedale Centre, Birmingham B23 7AT

Time: Thursday 6.30-8.30pm

Group Specifics: cooking, sports, art and sensory play.

Cost: £30 (Subsidies available for those on low income)

The Friday group is for adults with complex needs who require a 1-to-1 support worker during sessions. The group engage in various activities and each session is focused on an outcome or value for the adults that attend eg. Friendship building.

Our autism specialists create a safe and inclusive environment to encourage choice and independence in a welcoming environment.

For more information or if interested in joining contact mmunn@resourcesforautism.org.uk

"From the first session at RfA I was amazed [they] knew exactly how to work with me without any issues. This made me realise it wasn't me that was too much for staff, it just depended on the staff having the right training!" "The feeling of "being accepted" is priceless."

resources for autism